

Lincoln County Unite for Youth Coalition

Together...
reducing youth substance use for a
strong safe and healthy community!



Where We've Been...

2008

- ◆ 48.5 of HS Seniors reported binge drinking in a two week period (2007 YRBS, 2008 PNA)
- ◆ Average age of first drink was 10.5
- ◆ One alcohol-related crash every 8.5 days (2006 MDOT)
- ◆ Youth access to alcohol through social and retail sources
- ◆ No policies in place for community events and volunteers not trained in RASS
- ◆ Nearly 80 percent of alcohol outlets had failed a compliance check. RASS training was voluntary and rare.

Time for Change



“We can’t enforce this problem away...”
(*Sheriff Roby Bowe, LCSO*)

A Collaborative Approach

- Unite for Youth Coalition
- Flathead Valley Chemical Dependency Clinic (FVCDC)
- Lincoln County Sheriff’s Office (LCSO)
- Lincoln County DUI Task Force (DUI TF)
- Troy, Libby and Eureka Public Schools
- Lincoln County Med Staff as a Whole

Together...for a Strong, Safe and Healthy Community



- Youth who use alcohol before age 15 are 5x more likely to be alcohol dependent as an adult.
- Average age of first drink 10.5
- Alcohol use by youth results in up to 10% reduction in memory.
- For athletes, one night of drinking erases two weeks of practice, and effects all areas of performance and recovery.
- One alcohol-related crash every 8.5 days.

Data Helps Tell the Story

DUI Task Force, LCSO, UFY, FVCDC

- ◆ RASS training for 500 servers, sellers and event volunteers
- ◆ Administrative policies at community events
- ◆ Consistent citation and adjudication of DUI *negligent endangerment disappeared as a plea*
- ◆ Cameras for all officers, TV screen in court room

DFC, EUDL, Block and Partnership LCSO, DUI TF, UFY, FVCDC

- ◆ Supplemental funding for DUI Patrols, Party Patrols, Source Investigations, Media Advocacy, Training and Development
- ◆ RASS training for alcohol outlets and community event volunteers
- ◆ ***Highly Visible Compliance Checks – from EUDL grant funding to sustainability

Community Education

UFY, LCSO, FVCDC, DUI TF, Troy,
Libby and Eureka Public Schools

- 💧 ***LCSO Graduation Letter Project
- 💧 DUI Goggle demonstrations
- 💧 Health Fairs, Parent Nights, Open Houses, etc.

Youth/Parent Education

UFY, LCSO, DUI TF, FVCDC, Area Schools

- ◆ Alcohol's Effect on Performance, Recovery
- ◆ Operation Medicine Cabinet (FVCDC/LCSO)
- ◆ Rx for Safety: Look at the Label (UFY/LCSO)
- ◆ The Brain: Perception and Judgment
- ◆ DUI Goggle Demonstration (LCSO/UFY)

Local and State-level Policy

*UFY, LCSO, DUI TF, FVCDC, LC Public Health, Area Schools,
Community Event Planning Teams*

- ◆ Mandatory Server Training (local and state level advocacy)
- ◆ Administrative Policies - Best Practices for Community Events
- ◆ Safe Prescribing Practices – Ad Hoc Committee creating county-level policy

Local and State-level Policy

*UFY, LCSO, DUI TF, FVCDC, LC Public Health, Area Schools,
Community Event Planning Teams
Youth Leadership Teams*

◆ ***Innovative Youth Strategies

- ◆ Local and State-level Delayed Driver's Licensing Proposal

◆ ***UFY's STOP Grant

- ◆ Law Enforcement Liaison,
- ◆ School/Community Curriculum and Intervention,
- ◆ Community Event Policies
- ◆ County-wide Media Campaign

Remember...

- 💧 “I can do things you cannot, you can do things I cannot; together we can do great things.” ~*Mother Teresa*

Together
We Can Make A Difference!



Evidence-Based Programs

- ◆ Too Good for Drugs
- ◆ Project Alert
 - ◆ https://www.projectalert.com/teacher_tools/curriculum/lesson-plans
- ◆ Project Northland/Civil Action
- ◆ Words Can Work: Alcohol
- ◆ Rx for Understanding
 - ◆ Grades 5-7: <http://neahealthyfutures.org/wp-content/uploads/2015/04/rx-for-understanding-grades-5-to-8.pdf>
 - ◆ Grades 9-12: https://www.gadoe.org/Curriculum-Instruction-and-Assessment/Curriculum-and-Instruction/Documents/Prescription%20Drug%20Abuse%20Prevention%20Program_Grades%209-12%20Lesson%20Plans.pdf
- ◆ Strengthening Families, Lessons 8 and 9